

S.D.P.S. BU BLOCK PITAMPURA

Academic Planner

CLASS: VI-VIII (DANCE) SESSION: 2025-26

MONTH	TEACHING DAYS	Content To Be Covered		
		VI	VII	VIII
April	22	Basic elements of dance.	Feet movements and foot work in Folk dance	Tatkaar with simple Tukdas
May	19	Meaning of Nritya	Knowledge of Taal	Various types of Laya and Taal
July	26	Discussion of Laya and Taal	Hand movement, face expressions and formation of fingers	Kathanak and preparation of dance drama (Ballet)
August	23	Preparation for Independence Day programme	Preparation for Independence Day programme	Preparation for Independence Day programme
September	23	SA-I		
October	20	Miming the movements	Hastak with Taal	The Rasa Theory

		of different living objects		having nine rasas
November	23	Knowledge of percussion instruments	Classical dance instruments	Ang, Pratyang and Upaang
December	24	Dramatization and narration of stories	Guru Vandana and regional dances	Knowledge of costumes and make-up
January	13	Preparation for Republic Day function (Patriotic Choreography)	Preparation for Republic Day function (Patriotic Choreography)	Preparation for Republic Day function (Patriotic Choreography)
February	22	SA-II		

